



40 is a great number!

- All women **40 and older** should get annual mammograms
- Mammography can lower your risk of dying of breast cancer by **40%**
- The most lives are saved by yearly mammography starting at age 40

Remember: Three out of four women with breast cancer have NO family history or other high-risk factors.

Remind your mother, sister or daughter to schedule an annual mammogram.

It could save her life.



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